

Connection

Lay Aside Your Fear




"For God has not given us a spirit of fear, but of power and of love and of a sound mind" (2 Timothy 1:7).

You wake up in the morning and the thoughts from yesterday's events bring worry or stress. You think about the day ahead of you and fear or tension fills your heart. Your concern over family members or other relationships begins to weigh down your day before it ever really gets going. Many of us look at such situations as just normal life. But there is a warfare aspect to these thoughts. God's Word teaches us that He wants us to lay aside fear . . . that worry and anxiety are to be given over to Him. He wants to set us free from these thoughts that damage our lives. If God wants us free from such thoughts, you can count on the fact that the devil wants us to wallow in these fears. The Christian that spends his or her time worrying or in fear is a Christian who is being made ineffective in kingdom matters. When the enemy can manipulate our thoughts away from trusting God, he has won a victory.

Father, grant me Your protection in the most common areas of spiritual attack: my mind, my heart, and my mouth. Help me to

keep my thoughts fixed on You. Keep my heart in Your care. May my words always please You. Please help me today to live completely under Your

Lordship and in Your victorious care.

—Adapted from [The Devil Goes to Church \(Prayer as Spiritual Warfare\)](#) by David Butts. This resource is available at prayershop.org. Use the code CONPSP3 at checkout to receive an additional 10% discount on the book. 

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Prayer Points

Praise your Father as the God of gods and the Lord of kings and a revealer of mysteries (Dan. 2:47). Give thanks for the mystery of salvation through Christ, which has been revealed to you through God’s Word and Spirit (Eph. 3:3-6). Confess that there are times when you do not rely on his wisdom and insight in your daily struggles. Commit yourself to spending more time in God’s Word and prayer, seeking to understand the mystery of your life in Christ. Ask God to fill you with a spirit of wisdom and revelation (Eph. 1:17).

Pray for those you know whose minds have been blinded by the gods of this age, unable to see the light of the gospel of the glory of Christ (2 Cor. 4:4).

—Prayer Points taken from [Patterns for Prayer](#) by Alvin VanderGriend is available at prayershop.org. Use the code CONPSP3 at checkout to receive an additional 10% discount on the book.

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