

# BLESSING PRAYER: A GIFT OF LOVE AND ENCOURAGEMENT



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by [Kim Butts](#)

Perhaps you struggle, as I often do, with what to give your spouse, children, or other loved ones on their birthdays or holidays! Have you considered the incredible gift of Blessing Prayer? Over the years, I have found much joy in being on the giving and the receiving end of prayers that bless. My younger sister gives me the incredible gift of one minute of prayer for each year of my life every birthday. She prays for me every other day as well, but her covenant to pray for me on my birthday is such a special blessing to me!

Other than the gift of interceding for others, it is especially powerful to pray specific “blessing prayers” from Scripture over loved ones, missionaries, neighbors, coworkers, pastors and church leaders, and yes, even “enemies.” Not only has God commanded us to pray for others, He has given us multiple ways to do so that please His heart and agree with His kingdom purposes.

Here are some of my favorite blessing prayers to pray for others:

**Romans 15:13:** “May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

You can personalize your prayers as well. For example: God of Hope, may You fill my spouse/son/daughter, \_\_\_\_\_, with all joy and peace as he/she trusts in You, so that he/she may overflow with hope by the power of the Holy Spirit.

**2 Thessalonians 1:11-12** – “We constantly pray for you, that our God may count you worthy of his calling and that by his power he may fulfill every good purpose of yours and every act prompted by your faith. We pray this so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ.”

**2 Thessalonians 3:5, 16** – “May the Lord direct your hearts into God’s love and Christ’s perseverance...Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.”

**Hebrews 13:20-21** – “May the God of peace...equip you with everything good for doing his will, and may he work in us what is pleasing to him through Jesus Christ, to whom be glory for ever and ever. Amen.”

**Philippians 1:9-10** – “And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so

that you may be able to discern what is best and may be pure and blameless until the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ – to the glory and praise of God.”

It is always good to pray blessings for others...what an incredible way to love them and to show that love! There are many creative ways to deliver these prayer blessings. Here are just a few:

**In Person!** I love to place my hand on someone's head or shoulder and pray blessings over them. This is especially amazing to do with your children. One day, after praying the Aaronic blessing from Numbers 6:24-26 over my youngest son for the first 4 years of his life, he put his hand on my head and blessed me back...not only had he internalized the Scripture, he understood the power of blessing and wanted to offer it back to me as a gift.

**Special Occasions** – weddings, showers, new babies, birthdays, graduations, retirements and other celebrations give opportunities to bless people!

**Notes and Emails** – It only takes a few moments to change someone's day through encouraging them with a written blessing, and the acknowledgment that you are praying this blessing for them. Pastors and missionaries are especially grateful for these blessings...and they always seem to arrive at just the right time when we allow the Holy Spirit to prompt us.

May our hearts be moved to bless others in prayer as we go about living a transformed everyday life!

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## Biography

Kim serves as the Executive Director of Harvest Prayer Ministries which she co-founded in 1993 with her late husband, Dave (1953-2022). Her ministry involves teaching/training and consulting as well as writing and developing resources. She is content coordinator for HPM's teaching platform, [PrayerU.com](https://PrayerU.com)

and also compiles and edits HPM's free daily devotional, [Connection!](#) as well as [Prayer Tip Tuesday](#).

Kim has written multiple books and has published articles in a variety of magazines and publications. She is a member of America's National Prayer Committee and serves as President of Gospel Revivals, Inc. (Herald of His Coming).

Kim has a BA in Psychology and a Masters degree in Spiritual Formation and Leadership.

## **Some of Kim's Books**



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